

## Conclusions

Health is poorer for people with a combination of both autism and learning disabilities than for the general population

- Self-reported health
- Mental health
- Physical disabilities
- Health limitations



What do we know about the health of people with both learning disabilities and autism spectrum disorder?

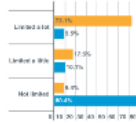


Little is known about the health or self-rated health status of people with this combination of conditions



## Health Limitations

'Are your day to day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months?'



● Learning Disabilities & Autism  
● General Population

## Self-Rated Health

'How is your health in general?'

Very Good, Good, Fair, Bad, Very Bad

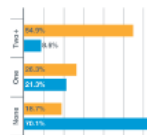


# Scottish Learning Disabilities Observatory

## Health of people with a combination of both autism spectrum disorder and learning disabilities in Scotland

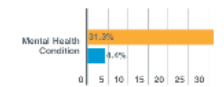
Kirsty Dunn, Ewelina Rydzewska, Angela Henderson, Sally-Ann Cooper

## Number of Conditions



● Learning Disabilities & Autism  
● General Population

## Mental Health Condition



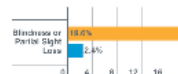
● Learning Disabilities & Autism  
● General Population

## Deafness or Partial Hearing Loss



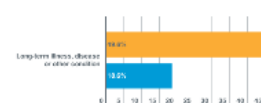
● Learning Disabilities & Autism  
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## Blindness or Partial Sight Loss



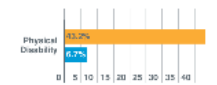
● Learning Disabilities & Autism  
● General Population

## Long Term Illness, Disease, Other Condition



● Learning Disabilities & Autism  
● General Population

## Physical Disability



● Learning Disabilities & Autism  
● General Population

Scottish

Learning Disabilities

Observatory

***Health of people with a  
combination of both autism  
spectrum disorder and  
learning disabilities in  
Scotland***

Kirsty Dunn, Ewelina Rydzewska,  
Angela Henderson, Sally-Ann Cooper

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# Research Questions

**How do people with both learning disabilities and autism compare to the general population in terms of:**

- 1) Self-Rated Health**
- 2) Mental Health**
- 3) Physical Disability**
- 4) Long Term Illnesses, Diseases or Other Conditions**
- 5) Number of Conditions**
- 6) Health Limitations**

# Scotland Census 2011

Data from the National Records of Scotland census data archive

Descriptive statistics were produced to compare people with both learning disabilities and autism to people in the general population



Out of Scotland's population of 31,712 people known to have autism:

5,709 (18%) also have learning disabilities

3,769 (66%) Males

1,940 (34%) Females



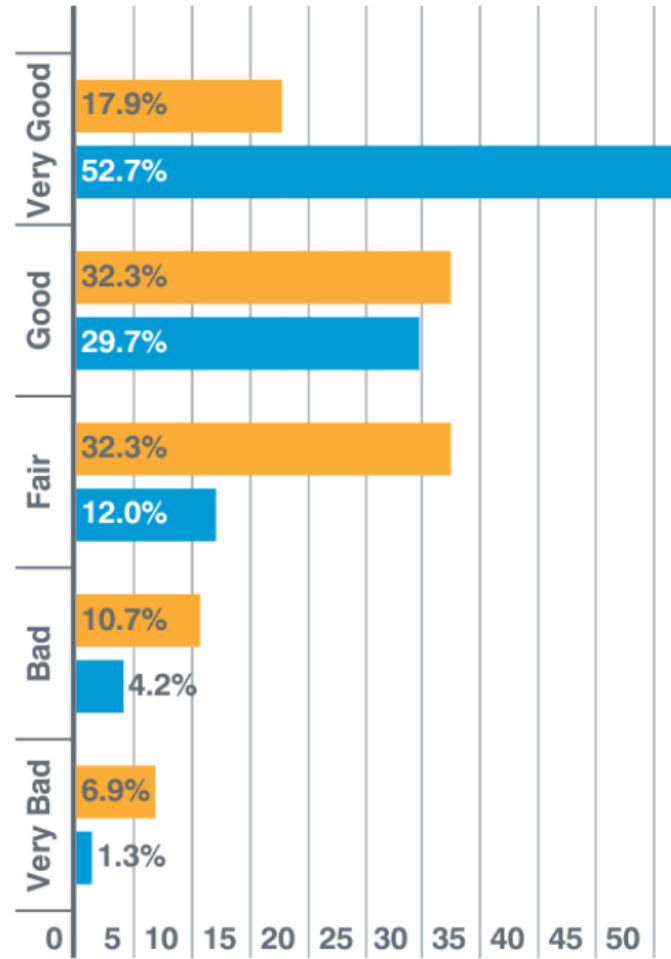
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# Self-Rated Health

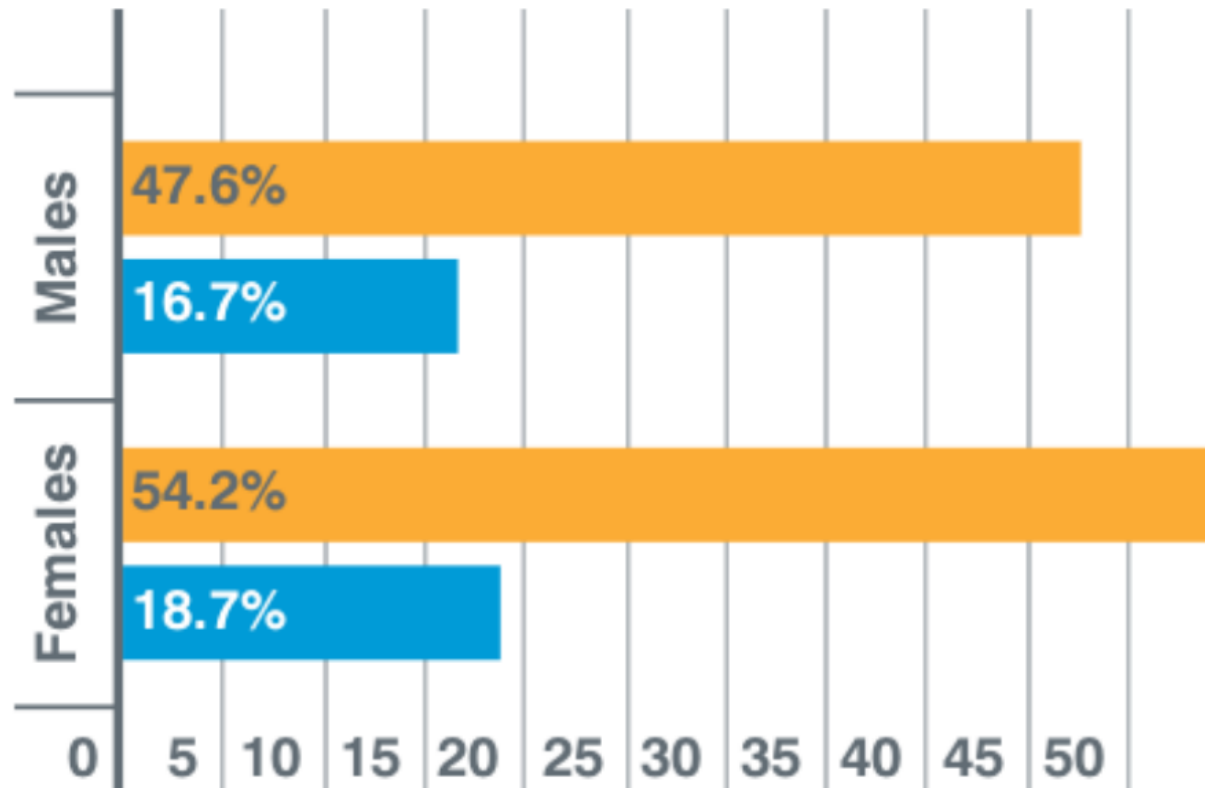


● Learning Disabilities & Autism

● General Population



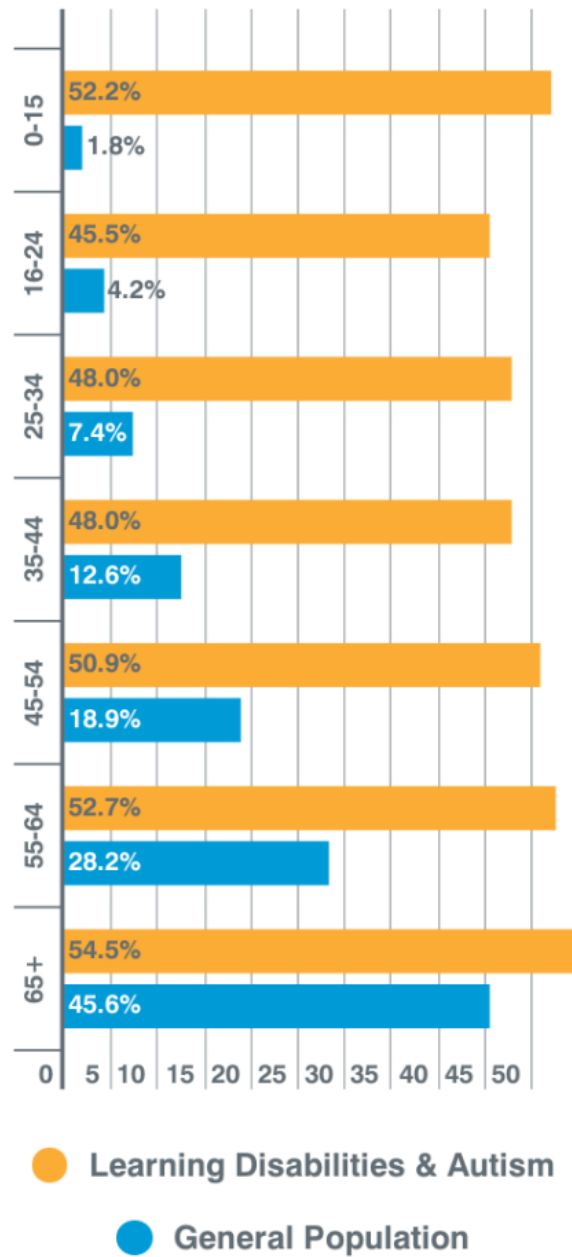
## Poor Self-Rated Health by Gender



● Learning Disabilities and Autism

● General Population

# Poor Self-Rated Health by Age



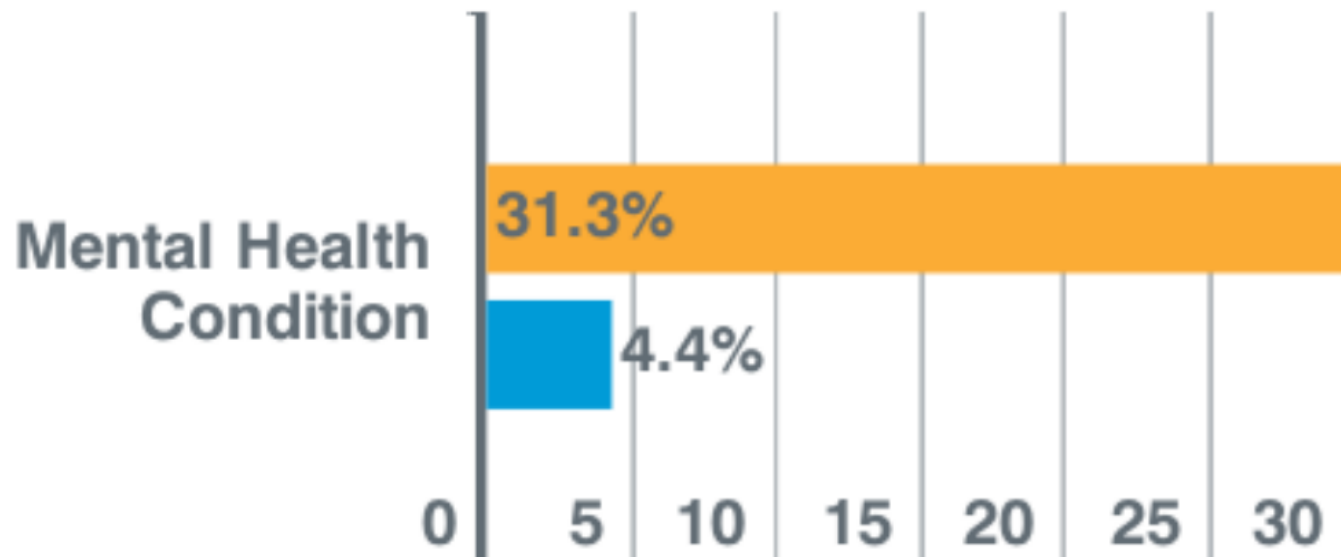
# Long Term Conditions



*'Do you have any of the following conditions which have lasted, or are expected to last, at least 12 months?'*

- Deafness or partial hearing loss
- Blindness or partial sight loss
- Learning disability (for example, Down's Syndrome)
- Learning difficulty (for example, Dyslexia)
- Developmental disorder (for example, Autistic Spectrum Disorder)
- Physical disability
- Mental health condition
- Long-term illness, disease or condition
- Other condition

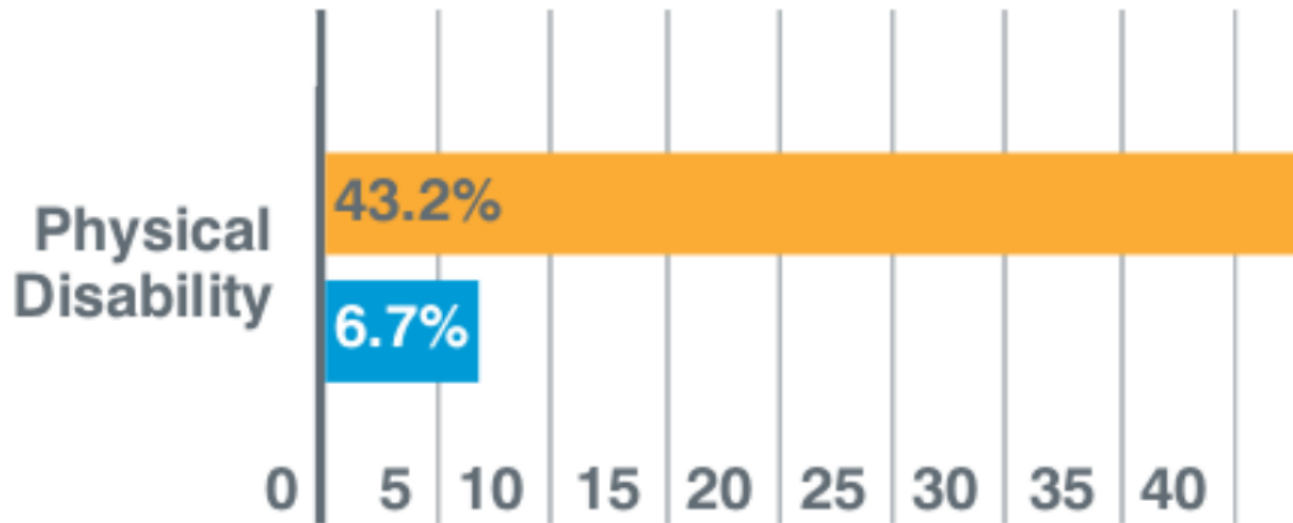
# Mental Health Condition



● Learning Disabilities & Autism

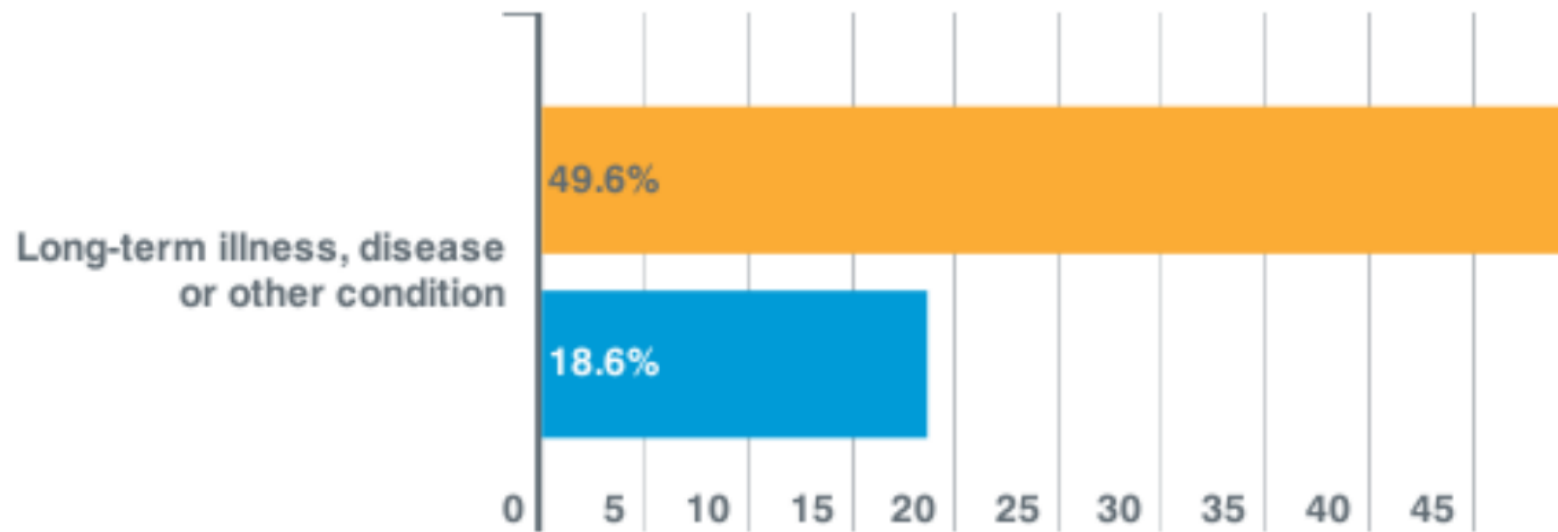
● General Population

# Physical Disability



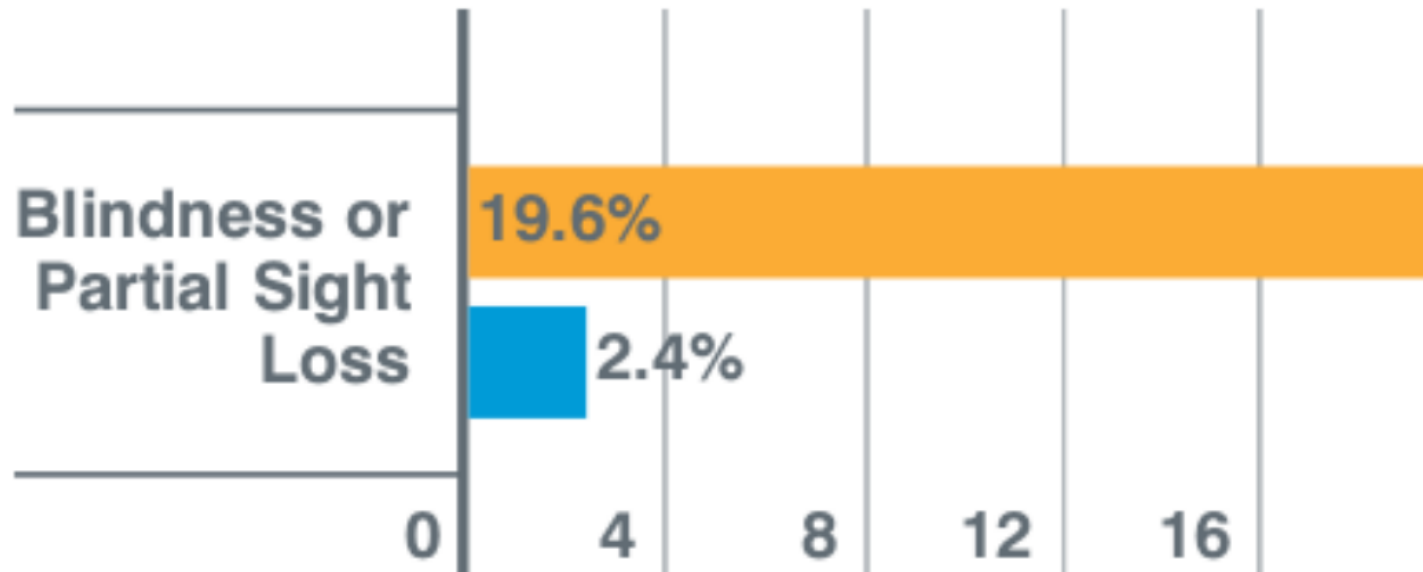
- Learning Disabilities & Autism
- General Population

# Long Term Illness, Disease, Other Condition



● Learning Disabilities & Autism ● General Population

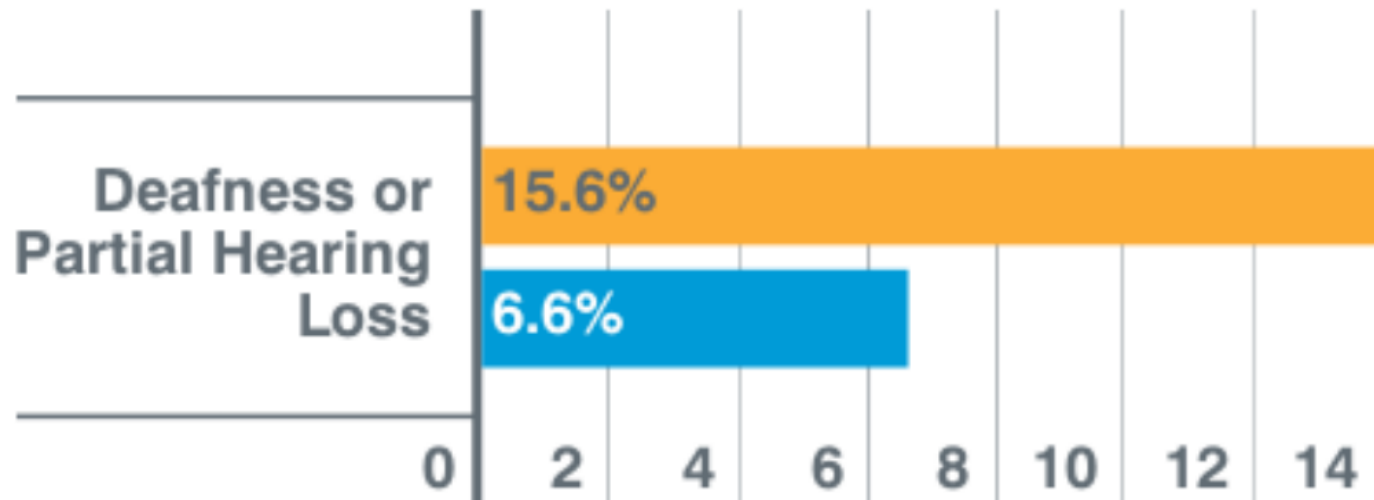
# Blindness or Partial Sight Loss



● Learning Disabilities & Autism

● General Population

# Deafness or Partial Hearing Loss

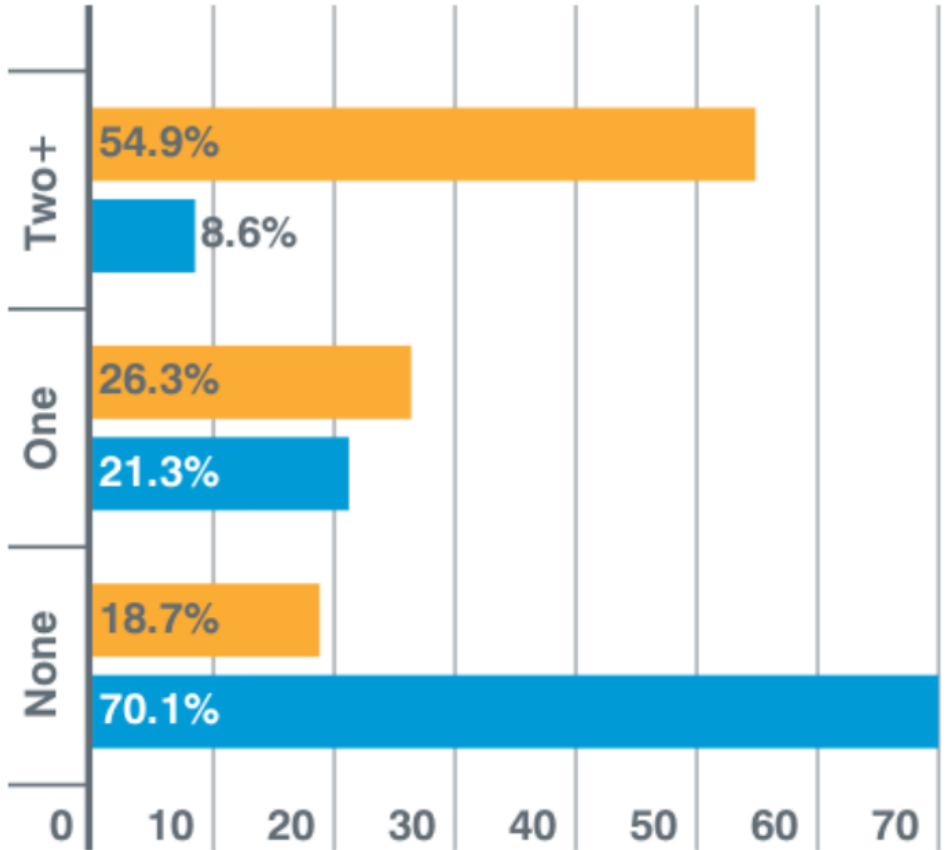


● Learning Disabilities & Autism

● General Population



# Number of Conditions

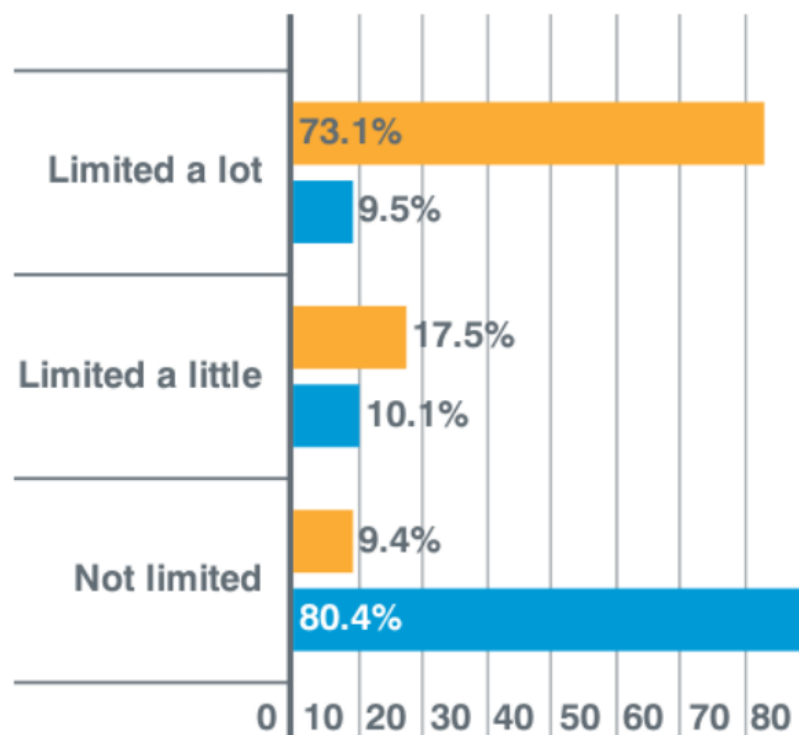


● Learning Disabilities & Autism

● General Population

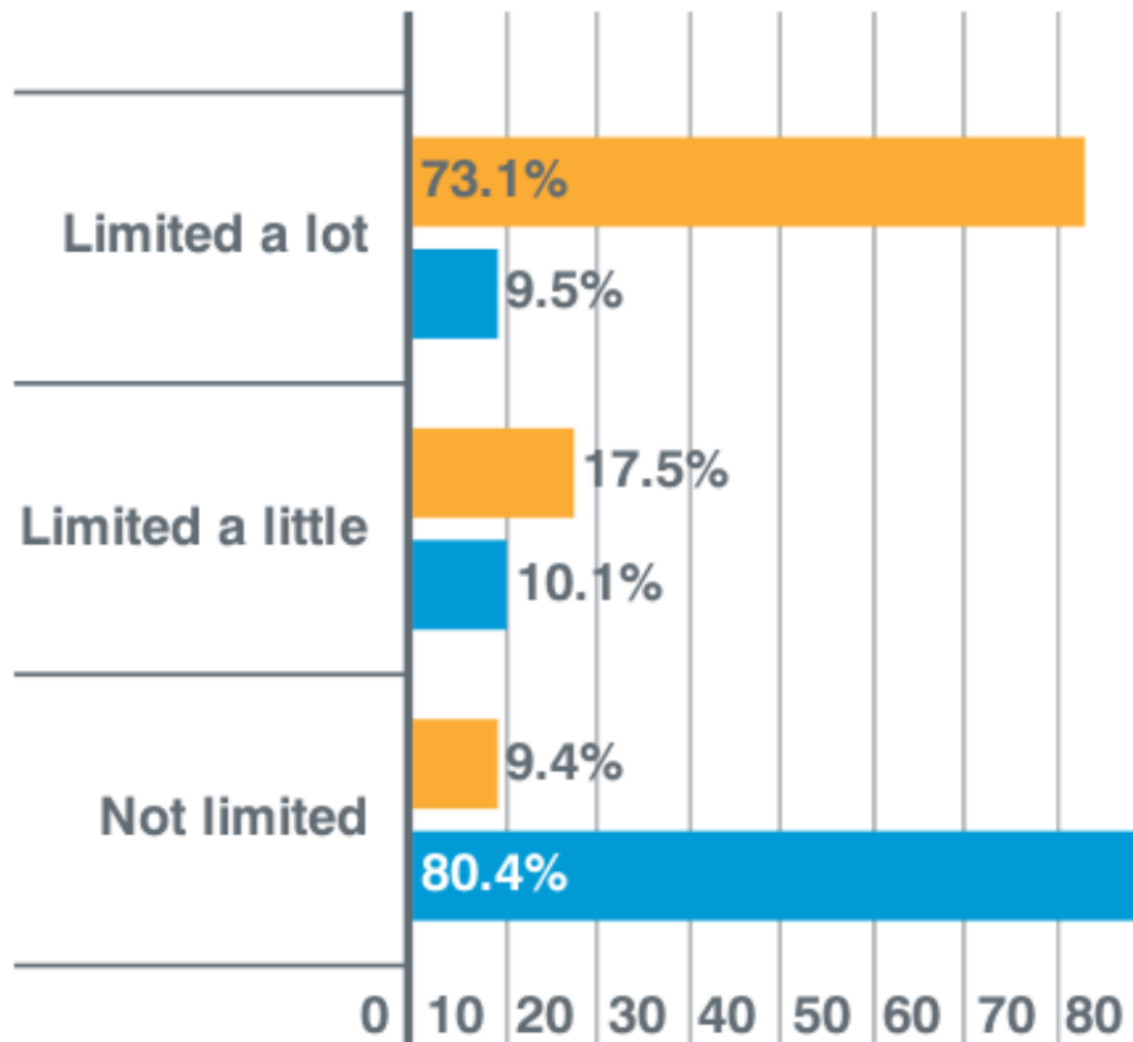
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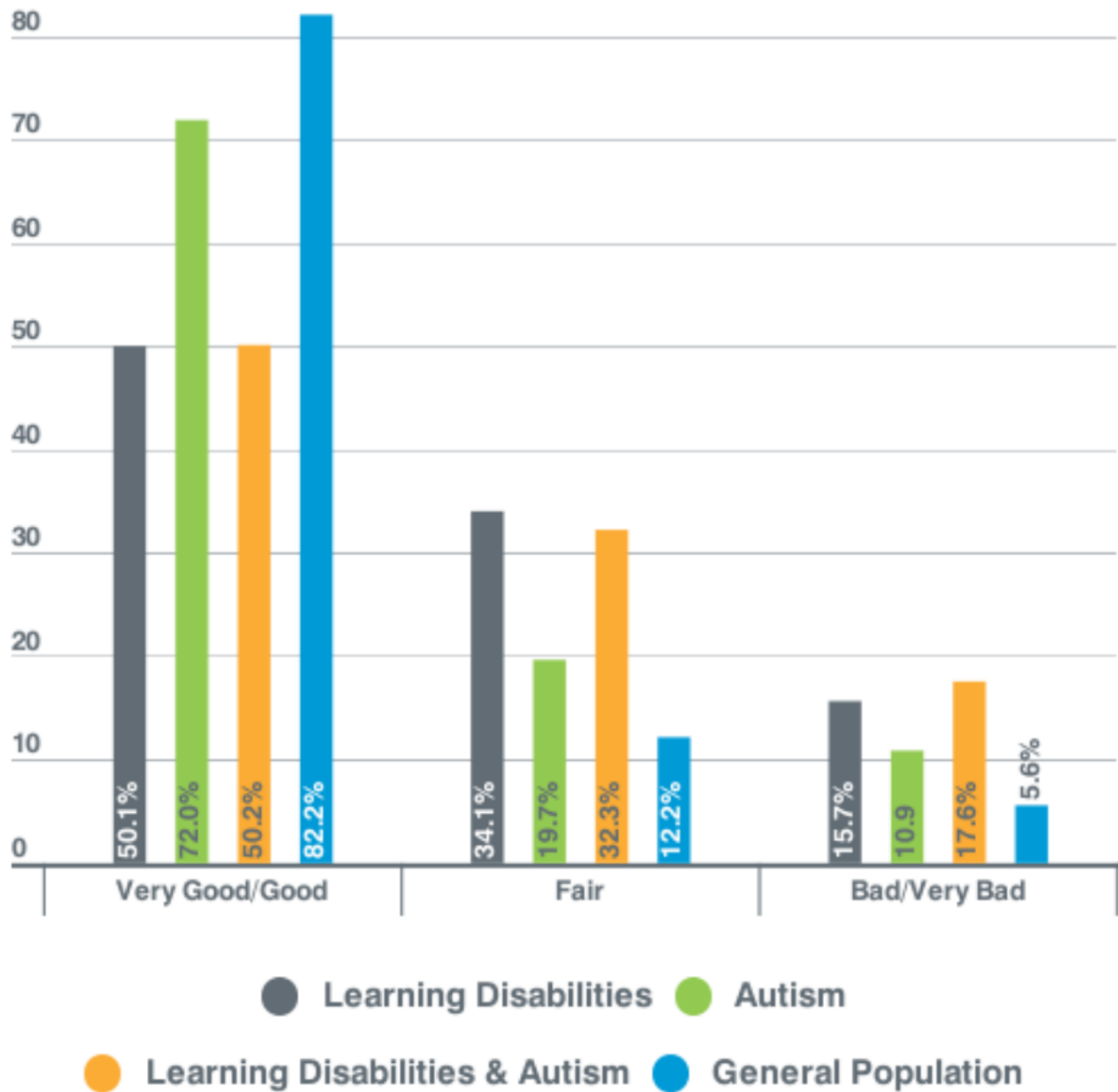
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- Physical disabilities
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# Self-Rated Health



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[www.sldo.ac.uk](http://www.sldo.ac.uk)

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