

Information about the Research Voices Project



We are looking for 12 people with learning disabilities to take part in a project called 'Research Voices'



Research Voices is a project about helping more people with Learning Disabilities in Scotland to talk about Health Research

TalkingMats 

The Research voices Project is being run by the Scottish Learning Disabilities Observatory and Talking Mats



Research can help us find out about lots of different things

Health Research helps us to find information out about peoples' health



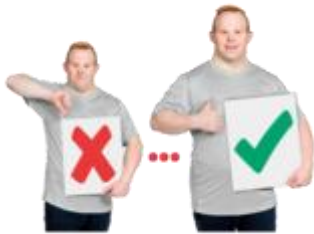
Health research is important

It is important because health research helps professionals to give the best care to people with learning disabilities

It is important because people with learning disabilities have worse health than other people in Scotland



This is not fair



Researchers want to make health care better for people with learning disabilities

They want to find out more about why health is so bad

They want to find out how to makes people's health better



Not many people with learning disabilities get the chance to be involved in health research



We want to bring people with learning disabilities together to talk about health research

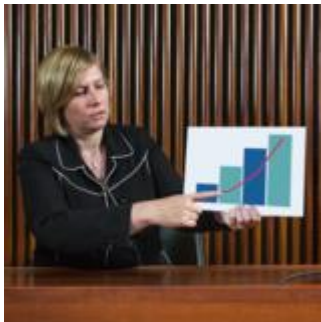


We are starting something called a Citizens' Jury



A Citizens' Jury is a group of people who want to talk about an important issue

This Citizens' Jury will be talking about Health Research



The Citizens' Jury will meet people who know about health research and ask them questions

The Citizens' Jury will learn new things



The Citizens' Jury will

- Listen to what is said
- Think about what is said
- Talk about it what is said
- Tell people what they think should change

Who can take part?



We want to make sure that the Citizens' Jury includes people who are different to each other and have different experiences

That means

- Having men and women in the group
- Having people of all ages in the group
- Having people with different health conditions



You need to have learning disabilities to be part of the Citizens' Jury

People who have learning disabilities and autism are also welcome



The researchers know that many people with learning disabilities also have other health conditions

Those health conditions are things like:

- Not seeing or hearing well
- Autism
- Mental health problems
- Physical disabilities

We want people with other health conditions to take part to share their opinions and experience

But you do not need to have a health condition to take part

To be on the Citizens' Jury

- You need to live in Greater Glasgow and Clyde
- You need to be 16 or over
- You need to be interested in health or health research



You need to be able to come to one meeting a month from June 2019 to November 2019

You need to be able to come to 4 meetings in November 2019

Why would you want to get involved?



You can learn more about health research

You can learn more about how to ask questions and listen well



You can help write something for our website, if you want to



You can use the Scottish Learning Disabilities Observatory as a reference for job or education



You can meet new people and make some friends



You will get to have your voice heard

You will get to help other people with learning disabilities



We will pay some expenses for people who take part



If someone needs a support worker to join them for the session, we can help with this

How do I get involved?



Rhiann is our project lead. She is in charge of finding people to take part in the Citizens' Jury



There is a short application form for you to fill out

You can get help from your friends, family or support workers to do this if you want



If you don't want to fill out a form, you can phone Rhiann, the project Lead, and talk to her instead

Phone number: 0141 211 3889



OR you can ask someone to video you speaking to a camera

You can email the video to:
Rhiann.mclean@glasgow.ac.uk



Once you have done your application form you can

Post it to

Rhiann McLean
Institute of Health and Wellbeing
University of Glasgow
Room 38, 2nd Floor
Administrative Building
Gartnavel Royal Hospital
1055 Great Western Road
Glasgow
G12 0XH



or email it to

Rhiann.mclean@glasgow.ac.uk



Once Rhiann gets your information, she will ask you to come to an interview



If the interview goes well, she will send you a letter to tell you that you are a part of the Citizens' Jury.