

## Easy read research summary



We know that autistic people and people with learning disabilities can suffer with poor mental health and health problems.



Autistic people and people with learning disabilities can have different health conditions than other people.



A measuring tool called a 'Multimorbidity index' is used by researchers and health care staff to predict if people's health will get worse.



The measuring tools used don't use data specific to the health of autistic people or people with learning disabilities.



We want to know if changes should be made to the measuring tool to include the health of autistic people and people with learning disabilities.



We will look at data collected by the British Heart Foundation on the health of people in England.



We will find out the differences in health conditions between people with learning disabilities and autistic people and other people.

## What we will do next

---



We will write a report on our findings and share the report.



Find out more about our research at [www.sldo.ac.uk](http://www.sldo.ac.uk)