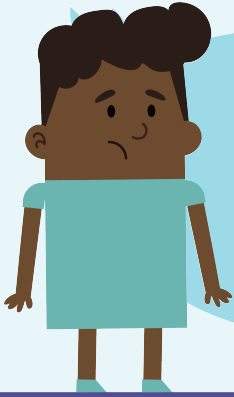


Cancer and Mental Health



When people are told they have cancer, they can feel sad, angry, or worried.

These feelings can affect how quickly they get better.



A review is a summary of everything that has already been published on a topic.

Researchers at the University of Glasgow read studies on cancer and mental health so they could write a review.

The researchers asked these questions...

What makes people with cancer more likely to have poor mental health?

Why do a lot of cancer patients not get any help with their mental health?

People with cancer are more likely to have poor mental health IF...



- They do not have much money.
- They do not have family, carers, or friends that can support them.
- They have had mental health problems in the past.



People with cancer might not get help for their mental health IF...



- There are not enough services to help.
- They are worried about being judged by their doctor.
- Doctors think that feeling sad, angry, or worried is not really a problem.



There are still questions that need answered like how do people feel after they finish cancer treatment? Or how do children and young people feel when they're told they have cancer?

Answering these questions will help us find better ways to support people's mental health so they get healthy faster.

